

How to Make People Like You In 90 Seconds Or Less



How to Make People Like You in 90 Seconds or Less

by Nicholas Boothman

★★★★☆ 4.4 out of 5

Language : English

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Enhanced typesetting : Enabled

X-Ray : Enabled

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In today's fast-paced world, it's more important than ever to be able to make a good first impression. In fact, studies have shown that people make up their minds about someone within the first 90 seconds of meeting them.

So, if you want to make a positive impression on someone, you need to be able to do it quickly and effectively. Here are a few tips on how to make people like you in 90 seconds or less:

1. Smile

how to make people like you



in 90 seconds or less

Learn to read body language, synchronize behavior and make warm, meaningful connections • For all occasions, business, social and personal

by Nicholas Boothman
read by the author

Unabridged



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Smiling is one of the most powerful things you can do to make a good impression. It shows that you're friendly, approachable, and trustworthy. When you smile, it also makes other people feel good, which can help to create a positive rapport.

2. Make eye contact



Eye contact is another important way to make a good impression. It shows that you're interested in what the other person is saying and that you're engaged in the conversation. When you make eye contact, it also makes the other person feel more connected to you.

3. Use positive body language



Your body language can say a lot about you, so it's important to be aware of how you're coming across. When you're meeting someone for the first time, stand up straight, make eye contact, and smile. These simple gestures will make you appear more confident and approachable.

4. Be a good listener



One of the best ways to make someone like you is to be a good listener. When you listen to someone, you're showing them that you care about what they have to say. It also makes them feel more comfortable and open around you.

5. Ask questions



Asking questions is a great way to show that you're interested in the other person and that you're engaged in the conversation. When you ask questions, it also gives the other person a chance to talk about themselves, which can help to build rapport.

6. Find common ground



One of the best ways to make someone like you is to find common ground. This can be anything from shared interests to similar experiences. When you find common ground, it gives you something to talk about and it can help to build a connection between you.

7. Be yourself



The most important thing to remember when you're trying to make people like you is to be yourself. People can tell when you're being fake, so it's better to just be yourself and let people like you for who you are.

Following these tips can help you make a great impression on others and make people like you in 90 seconds or less.



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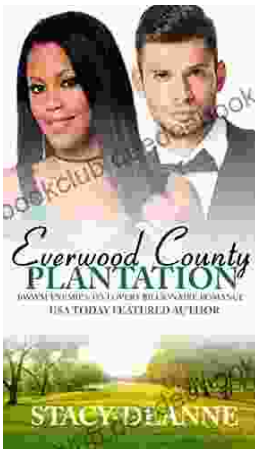
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